

Before your Annual Visit Appointment

Dear Sir or Madam,

You are scheduled for an annual visit appointment with the office of Drs. Rebecca J. Kurth M.D. F.A.C.P. and Dr. Deborah P. Jones M.D., M.P.H. The office is located at 800A Fifth Avenue, Suite 401. We are located at the corner of 61st Street, across the street from the Pierre Hotel. Our office telephone number is 212-230-1081 and the fax number is 212-230-1359. You may find more information about our practice at www.rjkurthmd.com.

If for any reason you need to cancel or reschedule, please inform us at least 24 hours prior to your appointment so that we may offer that appointment to another patient. Failure to cancel an appointment within 24 hours prior to the appointment time may result in a fee. We will call you in a day or two prior to the appointment to confirm the date and time. To get the most out of your annual visit, we advise the following:

1. Fast 12 hours (nothing to eat or drink EXCEPT water) prior to your scheduled appointment time for accurate blood test results. If you have diabetes (not on insulin), DO NOT take any diabetic medications on the morning of your visit. You MAY take all other medications with water. DO NOT take any supplements. If you use an insulin pump, DO NOT fast. Please feel free to bring your medication(s) with you so that you may take them after your blood is drawn.
2. Please bring in, fax, or mail copies of any recent test results, doctor visits, and any other relevant medical records from the prior year.
3. Please bring in an updated list of the medications you take with the doses (or bring in the actual bottles). Also, please bring in a list of the vitamins and supplements you take on a regular basis.
4. Please bring in your insurance card (to cover laboratory services).
5. Finally, complete and bring in (or electronically submit) the annual health questionnaire to your appointment.

Sincerely,

Dr. Rebecca J. Kurth M.D. and Deborah P. Jones M.D.